

OPEN YOUR MIND'S LOCKED DOOR.



No nonsense Buddhist psychotherapy, creative



Jungian archetypal analysis, empowering paradoxical intention exercises and the stress relief of vipassana mindfulness meditation bring peace of mind to hectic lives. Call today for a complimentary 30-minute consultation.

> Michael Hoffman, Dr.AD 949–212–4149 www.soberbuddha.com